

Weekly Menu 3

16th September, 14th October, 18th November & 16th December, 2019

Name of child _____
 Year _____

Dish	Day 1	Day 2	Day 3	Day 4	Day 5
Red Choice	Chicken Curry Hot Rice Mixed Vegetables Sweetcorn	Lasagne Homemade Garlic Bread Garden Peas Tossed Salad	Pork Cobbler Baby Boiled Potatoes Cabbage Swede	Roast Chicken with Sage & Onion Stuffing Oven Roasted Potatoes Broccoli Diced Carrots	Fish Goujons Oven Baked Chips Garden Peas Baked Beans
Blue Choice	Vegetable Quorn Curry (V)	Quorn Lasagne (V)	Quorn Cobbler (V)	Cheese & Vegetable Bakes (V)	Quiche (V)
Green Choice	Margarita Pizza (V) Oven Roasted Potatoes Baked Beans	Pork & Carrot Meatballs in a Rich Onion Gravy Creamed Potatoes Garden Peas Sweetcorn	Jacket Potato filled with:- Tuna, Cheese (V) or Baked Beans (V)	Salmon & Sweet Potato Fishcake Oven Roasted Potatoes Broccoli Diced Carrots	Baked Cheese & Onion Rolls (V) Oven Baked Chips Garden Peas Baked Beans
Cold Selection	Tuna Sandwich Baked Potato Wedges	Egg Mayonnaise Wrap (V) Baked Jacket Potato	Ham Sandwich Baby Boiled Potatoes	Egg Mayonnaise Sandwich (V) Oven Roasted Potatoes	Tuna Sandwich Oven Baked Chips
Desserts	Sticky Toffee Pudding with Custard Cold Bar Fresh Fruit Kebab	Creamy Rice Pudding & Peaches Cold Bar Melon Boats	Mixed Fruit Pie with Custard Sauce Cold Bar Fresh Fruit Bowl	Vanilla Sponge with Custard Sauce Cold Bar Fresh Fruit Salad	Bakewell Tart with Custard Sauce Cold Bar Fresh Fruit Platter