

The Food Bank

St Cuthbert's Centre,
Whitehouse Street, West
Ln · 07954 131337

About Our Food Banks



**FOOD
DONATIONS
NEEDED**

St Cuthbert's Centre, Whitehouse Street, West Ln · 07954
131337

The food we donate goes to the people who go to the **food bank** who are in need of our help . People who go to the **food bank** are usually in desperate need for food or just need a starter so that they can take care of themselves. A **food bank** is a non-profit, charitable organization that distributes food to those who have difficulty purchasing enough food to avoid hunger. Unlike many of us, they are really struggling with day to day expenses such as buying food and heating.



Beans

What you can do to help the food bank

You can help by raising awareness, volunteering and by donating food and essentials to their daily lives. Things you can donate include tins of beans and vegetables, bags of dry pasta, daily needs, packets of biscuits and cartons of juice. Items that are not accepted include fresh fruit, milk and sweets.



Biscuits



Toilet Paper



Pasta

**Thank you for participating in helping the Thornaby food bank by taking
time to watch our presentation!**



**With thanks,
St Francis Peer Mentors**

